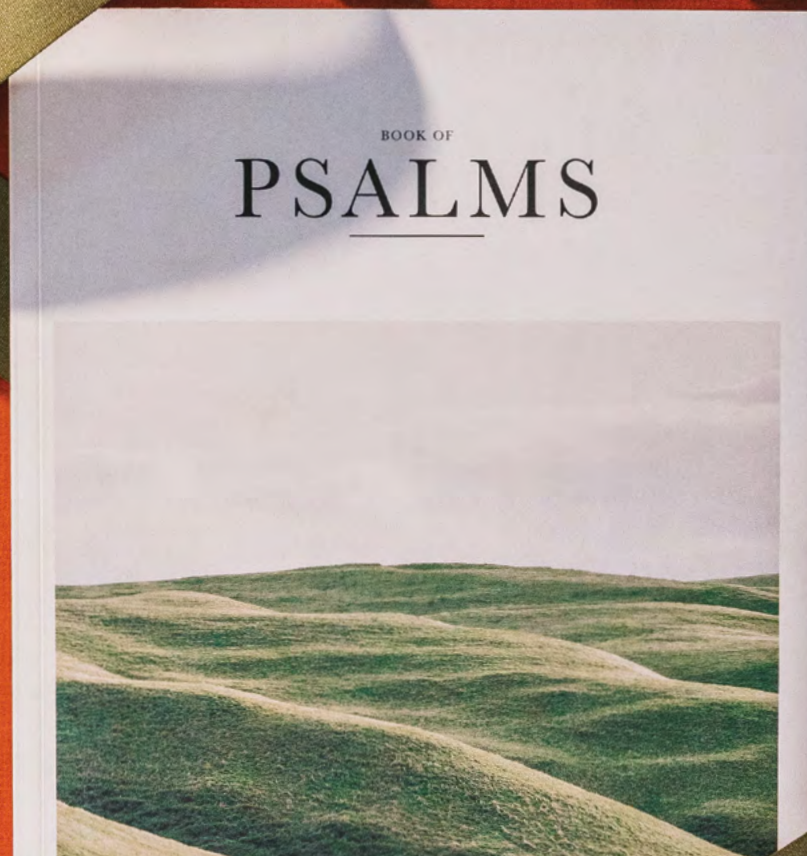




*Do NOT Be*  
**AFRAID**  
I BRING YOU GOOD NEWS

GOD TV DAILY DEVOTIONAL FROM THE BOOK OF PSALMS

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## HELLO FRIENDS

This year has certainly been a year of change and uncertainty. The foundations of this earth seem to be shaking and it can be easy for us to focus on the challenges rather than focusing on God's promises. It is good to remind ourselves that God is still in control, therefore we do not need to be afraid! He is our hope and solid foundation in all seasons.

So we can finish this year well together, we shall be taking a daily journey through the book of Psalms, and focusing on different aspects of God's character. He is our Good Shepherd, our Rescuer, our ever-present help in times of need. Nothing shows God's love more than the miracle of Christmas, where God came to earth in human form, to fulfil His eternal redemption plan, so we can spend eternity with Him.

Take courage, **DO NOT BE AFRAID!**

Happy Christmas, with much love,

**The GOD TV Team**

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## DIRECTIONS

### ① READ THE SCRIPTURE VERSE

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This December we are reminding ourselves who God is by walking through the book of Psalms. Each day you will have a scripture to read. Take time to read, re-read, and reflect on the message in that day's verse.

### ② DAILY PRAYER

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The theme for the month is *"Do not be afraid..."* and each day we've pulled out a promise from that day's scripture and turned it into a prayer. We recommend praying the prayer out loud as you stand on the promise in Romans 10:17 that *"faith comes by hearing"*.

### ③ WATCH THE DAILY VIDEO

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Our GOD TV family across the globe have prepared a daily word of encouragement, which will take you deeper into the scripture of the day. You can watch these videos by going to [www.god.tv/christmas](http://www.god.tv/christmas).

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## DAY 1

DO NOT BE AFRAID  
**MEDITATE ON THE WORD**

### PSALM 1:2-3

<sup>2</sup>But they delight in the law of the Lord, meditating on it day and night. <sup>3</sup>They are like trees planted along the riverbank, bearing fruit each season. Their leaves never wither, and they prosper in all they do.

### DAILY PRAYER

*Father, help me to know what it means to delight myself in Your law. Please show me what that means practically and spiritually. Help me to bear fruit that reflects this, that I might experience this delight and reflect it to others. **Amen.***

## DAY 2

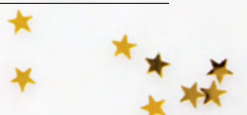
DO NOT BE AFRAID  
**GOD IS YOUR SHIELD**

### PSALM 3:3-6

<sup>3</sup>But you, O Lord, are a shield around me; you are my glory, the one who holds my head high. <sup>4</sup>I cried out to the Lord, and he answered me from his holy mountain. <sup>5</sup>I lay down and slept, yet I woke up in safety, for the Lord was watching over me. <sup>6</sup>I am not afraid of ten thousand enemies who surround me on every side.

### DAILY PRAYER

*Lord, thank You that I can sleep peacefully knowing You keep watch over me. Please help me to fix my eyes on You, and to know in my heart as well as my head that You have a shield around me, and that I need not be afraid. **Amen.***





## DAY 3

DO NOT BE AFRAID  
**GOD IS YOUR SAFETY**

### PSALM 4:6-8

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<sup>6</sup>Many people say, "Who will show us better times?" Let your face smile on us, Lord. <sup>7</sup>You have given me greater joy than those who have abundant harvests of grain and new wine. <sup>8</sup>In peace I will lie down and sleep, for you alone, O Lord, will keep me safe.

### DAILY PRAYER

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*God, thank You that You protect me from things of which I'm not even aware. Please help me to experience Your joy and comfort regardless of my circumstances. Thank You that I am safe hidden in You, and for Your peace. **Amen.***

## DAY 4

DO NOT BE AFRAID  
**GOD IS YOUR REFUGE**

### PSALM 5:11-12

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<sup>11</sup>But let all who take refuge in you rejoice; let them sing joyful praises forever. Spread your protection over them, that all who love your name may be filled with joy. <sup>12</sup>For you bless the godly, O Lord; you surround them with your shield of love.

### DAILY PRAYER

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*Jesus, help me to praise You and know Your joy, no matter what I'm going through. I thank You in faith for Your protection, for Your love, and for Your presence. **Amen.***

## DAY 5

DO NOT BE AFRAID  
**GOD IS THE CREATOR**

### PSALM 8:3-5

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<sup>3</sup>When I look at the night sky and see the work of your fingers—the moon and the stars you set in place—<sup>4</sup>what are mere mortals that you should think about them, human beings that you should care for them? <sup>5</sup>Yet you made them only a little lower than God and crowned them with glory and honor.

### DAILY PRAYER

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*Father, You are so much greater in power and majesty than I am able to comprehend. You know I cannot fathom Your infinite vastness, yet You care for me. Thank You for making me and for loving me. Help me to carry this truth in my heart. **Amen.***

## DAY 6

DO NOT BE AFRAID  
**GOD IS JUST**

### PSALM 9:7-10

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<sup>7</sup>But the Lord reigns forever, executing judgment from his throne. <sup>8</sup>He will judge the world with justice and rule the nations with fairness. <sup>9</sup>The Lord is a shelter for the oppressed, a refuge in times of trouble. <sup>10</sup>Those who know your name trust in you, for you, O Lord, do not abandon those who search for you.

### DAILY PRAYER

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*Lord God, I thank You that You know all things about us, but You do not misunderstand us, or take us out of context, as people often do. You judge fairly, perfectly, and righteously. Please help me to rest in You, and to place my trust in You. **Amen.***



## DAY 7

DO NOT BE AFRAID  
**GOD WILL RESCUE YOU**

### PSALM 13:5-6

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<sup>5</sup>But I trust in your unfailing love. I will rejoice because you have rescued me. <sup>6</sup>I will sing to the Lord because he is good to me.

### DAILY PRAYER

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*Holy Spirit, I praise, worship, honor, and glorify you. I thank You that Your love will not fail, and that You are with me no matter what I'm going through. Thank You for rescuing me from darkness. **Amen.***

## DAY 8

DO NOT BE AFRAID  
**GOD IS YOUR GUIDE**

### PSALM 16:7-11

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<sup>7</sup>I will bless the Lord who guides me; even at night my heart instructs me. <sup>8</sup>I know the Lord is always with me. I will not be shaken, for he is right beside me. <sup>9</sup>No wonder my heart is glad, and I rejoice. My body rests in safety. <sup>10</sup>For you will not leave my soul among the dead or allow your holy one to rot in the grave. <sup>11</sup>You will show me the way of life, granting me the joy of your presence and the pleasures of living with you forever.

### DAILY PRAYER

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*Jesus, thank You for providing guidance and instruction. Please forgive me where I have failed to listen and help me to be open to the voice of your Holy Spirit. Thank You for the joy of Your presence. **Amen.***



## DAY 9

### DO NOT BE AFRAID GOD IS YOUR ROCK

#### PSALM 18:1-3

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<sup>1</sup>I love you, Lord; you are my strength. <sup>2</sup>The Lord is my rock, my fortress, and my savior; my God is my rock, in whom I find protection. He is my shield, the power that saves me, and my place of safety. <sup>3</sup>I called on the Lord, who is worthy of praise, and he saved me from my enemies.

#### DAILY PRAYER

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*Father, thank You that You are my rock and my protection. Thank You that I can hide in You and wait on You, in safety. Help me to call to You, run to You and rest in You. Amen.*

## DAY 10

### DO NOT BE AFRAID THE LORD IS YOUR SHEPHERD

#### PSALM 23:1-4

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<sup>1</sup>The Lord is my shepherd; I have all that I need. <sup>2</sup>He lets me rest in green meadows; he leads me beside peaceful streams. <sup>3</sup>He renews my strength. He guides me along right paths, bringing honor to his name. <sup>4</sup>Even when I walk through the darkest valley, I will not be afraid, for you are close beside me. Your rod and your staff protect and comfort me.

#### DAILY PRAYER

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*Jesus, thank You for the peace and rest You guide me into. Please help me to trust You when walking through dark times. Help me to know Your presence in the valley of the shadow of death. Thank You for protecting me, comforting me, and renewing my strength. Amen.*

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## DAY 11

DO NOT BE AFRAID  
**THE WORLD BELONGS TO GOD**

### PSALM 24:1-5

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<sup>1</sup>The earth is the Lord's, and everything in it. The world and all its people belong to him. <sup>2</sup>For he laid the earth's foundation on the seas and built it on the ocean depths. <sup>3</sup>Who may climb the mountain of the Lord? Who may stand in his holy place? <sup>4</sup>Only those whose hands and hearts are pure, who do not worship idols and never tell lies. <sup>5</sup>They will receive the Lord's blessing and have a right relationship with God their savior.

### DAILY PRAYER

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*Father God, thank You that You created all things and are all-powerful. Please forgive me when I have lied or looked to idols, rather than approach You. Help me to keep short accounts and remain in a right relationship with You. **Amen.***

## DAY 12

DO NOT BE AFRAID  
**THE LORD IS YOUR SANCTUARY**

### PSALM 27:4-5

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<sup>4</sup>The one thing I ask of the Lord—the thing I seek most—is to live in the house of the Lord all the days of my life, delighting in the Lord's perfections and meditating in his Temple. <sup>5</sup>For he will conceal me there when troubles come; he will hide me in his sanctuary. He will place me out of reach on a high rock.

### DAILY PRAYER

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*Jesus, thank You that I will dwell with You for eternity, and can also dwell with You now. Thank You for protecting me from trouble, and that You are my sanctuary. **Amen.***

# Christmas ON GOD TV

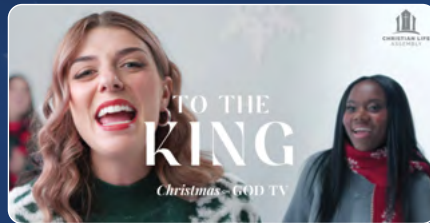
Let's celebrate Christmas together with these special recommendations by Russell Brooks, Head of Programming at GOD TV.



## SON OF MAN

Friday 22nd December at 9pm

A creative film blending together the traditional and modern Christmas music, featuring Christmas Carols and spoken word. From Emmanuel Church and set around Brighton & Hove, immerse yourself in a story of humanity, honesty and love.



## TO THE KING

Saturday 23rd December at 6pm

Christian Life Assembly invites you and your family to their Christmas special. Hear beautiful Christmas worship and a Christ-centered message from Pastor Shane Wilson.



## GATEWAY CHURCH CANDLELIGHT SERVICE

Christmas Eve at 9:30pm

Join us as we celebrate the true meaning of Christmas with the Gateway Church Candlelight service.



## AMPLIFIED

Christmas Day at 5pm

Join Noel Robinson and Lou Fellingham for a Christmas special of Amplified. Featuring festive music from around the world.



## GOD TV CHRISTMAS SHOW

Christmas Day at 8.30pm

Join Ward and Lydia Simpson, the GOD TV team and special guests for a celebration of all things Christmas! Let us come together as a worldwide GOD TV family and lift up the name of Jesus!



## ORU CHRISTMAS SPECIAL

Christmas Day at 9:30pm

'For Unto Us' is an Orchestral and vocal program featuring the timeless music of Handel's Christmas Messiah.



You can also catch up on all of our Christmas programs by going to [www.god.tv/christmas](http://www.god.tv/christmas)



## DAY 13

DO NOT BE AFRAID  
**GOD IS LISTENING**

### PSALM 34:4-7

<sup>4</sup>I prayed to the Lord, and he answered me. He freed me from all my fears. <sup>5</sup>Those who look to him for help will be radiant with joy; no shadow of shame will darken their faces. <sup>6</sup>In my desperation I prayed, and the Lord listened; he saved me from all my troubles. <sup>7</sup>For the angel of the Lord is a guard; he surrounds and defends all who fear him.

### DAILY PRAYER

*Lord, thank You that nothing escapes Your notice. You see when I am in difficulty, or afraid, and You help me when I call out to You. Please help me to keep my eyes on You, no matter what comes my way, and to continually experience the joy of Your presence. **Amen.***

## DAY 14

DO NOT BE AFRAID  
**GOD IS YOUR PROVIDER**

### PSALM 37:18-19

<sup>18</sup>Day by day the Lord takes care of the innocent, and they will receive an inheritance that lasts forever. <sup>19</sup>They will not be disgraced in hard times; even in famine they will have more than enough.

### DAILY PRAYER

*God, thank You that you are always faithful, and always provide what I need to survive. You have never let me go hungry and I thank You for the inheritance of eternal life through Jesus. Please continue to sustain me through whatever hard times may come. **Amen.***

## DAY 15

DO NOT BE AFRAID  
**GOD IS POWERFUL**

### PSALM 59:16

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<sup>16</sup>But as for me, I will sing about your power. Each morning I will sing with joy about your unfailing love. For you have been my refuge, a place of safety when I am in distress.

### DAILY PRAYER

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*Father God, I exalt and praise Your name. Thank You that Your love never fails. I am so grateful that You are my place of safety when I am in distress. You are all powerful and I trust You to lead me and guide me this day. **Amen.***

## DAY 16

DO NOT BE AFRAID  
**GOD'S HAND HOLDS YOU SECURELY**

### PSALM 63:6-8

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<sup>6</sup>I lie awake thinking of you, meditating on you through the night. <sup>7</sup>Because you are my helper, I sing for joy in the shadow of your wings. <sup>8</sup>I cling to you; your strong right hand holds me securely.

### DAILY PRAYER

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*Jesus, thank You that You will never let me go. Thank You that You hold me securely. I pray that truth will sink deep into my spirit as I meditate on it. **Amen.***



## DAY 17

DO NOT BE AFRAID  
**GOD IS YOUR HOPE**

### PSALM 65:5-7

<sup>5</sup>You faithfully answer our prayers with awesome deeds, O God our savior. You are the hope of everyone on earth, even those who sail on distant seas. <sup>6</sup>You formed the mountains by your power and armed yourself with mighty strength. <sup>7</sup>You quieted the raging oceans with their pounding waves and silenced the shouting of the nations.

### DAILY PRAYER

*Lord, thank You for Your faithfulness. You are mighty and all-powerful, so are more than able to provide hope and answer my prayers. Please help me to focus on Your majesty, awe, and goodness whenever despair threatens to creep in. **Amen.***

## DAY 18

DO NOT BE AFRAID  
**GOD WILL MAKE A WAY**

### PSALM 66:5-6

<sup>5</sup>Come and see what our God has done, what awesome miracles he performs for people! <sup>6</sup>He made a dry path through the Red Sea, and his people went across on foot. There we rejoiced in him.

### DAILY PRAYER

*Father, please help me to remember when I pray that You are the same God who parted the Red Sea. Thank You that You are in control of my life, and nothing is too difficult for You. Help me to rest in You, knowing You will make a way for me. **Amen.***



## DAY 19

DO NOT BE AFRAID  
**GOD LOVES YOU**

### PSALM 86:12-13

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<sup>12</sup>With all my heart I will praise you, O Lord my God. I will give glory to your name forever,  
<sup>13</sup>for your love for me is very great. You have rescued me from the depths of death.

### DAILY PRAYER

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*Jesus, thank You that through Your sacrifice, You have rescued me from death and hell itself. Thank You that whatever happens today and in the rest of my life, my eternal destiny in you is secure because You love me. Amen.*

## DAY 20

DO NOT BE AFRAID  
**GOD IS GOD!**

### PSALM 90:2

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<sup>2</sup>Before the mountains were born, before you gave birth to the earth and the world, from beginning to end, you are God.

### DAILY PRAYER

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*Lord God Almighty, You have always been there, long before my existence. I thank You that You hold my life in the palm of Your hand, for You are all-powerful. Thank You for Your loving kindness and mercy to me. Amen.*

## DAY 21

DO NOT BE AFRAID  
**GOD IS MIGHTY**

### PSALM 93:2-4

<sup>2</sup>Your throne, O Lord, has stood from time immemorial. You yourself are from the everlasting past. <sup>3</sup>The floods have risen up, O Lord. The floods have roared like thunder; the floods have lifted their pounding waves. <sup>4</sup>But mightier than the violent raging of the seas, mightier than the breakers on the shore—the Lord above is mightier than these!

### DAILY PRAYER

*Heavenly Father, thank You that You are greater than the universe itself, and that You are more powerful than any force in heaven or on earth. Thank You that You are good, and that nothing is mightier than You. Thank You for loving me. Amen.*

## DAY 22

DO NOT BE AFRAID  
**GOD IS GOOD!**

### PSALM 100:3-5

<sup>3</sup>Acknowledge that the Lord is God! He made us, and we are his. We are his people, the sheep of his pasture. <sup>4</sup>Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. <sup>5</sup>For the Lord is good. His unfailing love continues forever, and his faithfulness continues to each generation.

### DAILY PRAYER

*Jesus, I thank You for everything You have done for me. I thank You and praise You for Your salvation, kindness, patience, and unfailing love. Thank You for making me, and for keeping me safe in You. Amen.*



## DAY 23

DO NOT BE AFRAID  
**GOD GIVES YOU THE VICTORY**

### PSALM 118:14-16

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<sup>14</sup>The Lord is my strength and my song; he has given me victory. <sup>15</sup>Songs of joy and victory are sung in the camp of the godly. The strong right arm of the Lord has done glorious things! <sup>16</sup>The strong right arm of the Lord is raised in triumph. The strong right arm of the Lord has done glorious things!

### DAILY PRAYER

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*Father God, I thank You that You have triumphed. I thank You that the victory of Jesus Christ is absolute. That He died, rose again, and ascended to heaven, enabling me to have eternal life. Thank You that I have victory over all circumstances through my eternal destiny in You. Amen.*

## DAY 24

DO NOT BE AFRAID  
**GOD IS WATCHING OVER YOU**

### PSALM 121:5-8

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<sup>5</sup>The LORD himself watches over you! The LORD stands beside you as your protective shade. <sup>6</sup>The sun will not harm you by day, nor the moon at night. <sup>7</sup>The LORD keeps you from all harm and watches over your life. <sup>8</sup>The LORD keeps watch over you as you come and go, both now and forever.

### DAILY PRAYER

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*Lord Jesus, I thank You that as I go to and from in this world, You watch out for me, protecting me. You are always with me, and You deserve all the thanksgiving and praise. Amen.*





## DAY 25

DO NOT BE AFRAID  
**GOD HAS THE VICTORY**

### PSALM 98:1-3

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<sup>1</sup>Sing a new song to the Lord, for he has done wonderful deeds. His right hand has won a mighty victory; his holy arm has shown his saving power! <sup>2</sup>The Lord has announced his victory and has revealed his righteousness to every nation! <sup>3</sup>He has remembered his promise to love and be faithful to Israel. The ends of the earth have seen the victory of our God.

### DAILY PRAYER

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*Jesus, I thank You that You have the victory and in You I too am victorious! I praise Your Name, Oh Emmanuel, this Christmas Day! I take courage knowing that You are always faithful to Your promises, and You are a God who loves me. Amen.*

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*What a wonderful opportunity we have at this time of year to share this Good News with others too!*

With the worries and strains people are facing in these troubled times, they are searching for hope. Please consider standing with us in a Christmas gift this year, so that we can continue to share the Gospel of Jesus via media to millions of homes across the globe, bringing them the hope they are looking for.

Go to **[www.god.tv/christmas](http://www.god.tv/christmas)** to make your Christmas offering today. Thank you!

